



# AVALON STONE HARBOR SCHOOLS

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**I understand the frustration of the confusing guidance handed down by the CDC and by Gov. Murphy. As much as we would like to ignore the guidance and do things on our own, I think it is prudent to stay the course, follow the guidelines and monitor any changes until the end of school, June 17th. We will watch closely over the summer and hopefully will have better news for September.**

The Governor has NOT lifted school mandates at this time, in fact these will continue until the end of the school year, we were informed this past weekend. Changes for the 2021-2022 school year will be forthcoming from the state sometime this summer.

As for travel- the NJDOH states: "New Jersey residents returning home and travellers visiting New Jersey do not need to quarantine, but should follow travel guidance from the CDC, the NJ Department of Health, and all local health and safety protocols of their travel destination." At this time, the CDC recommends delaying travel until you are fully vaccinated. For more information, refer to the [CDC's guidance for domestic travel](#).

For those unvaccinated, the travel guidelines have not changed. Children are still unvaccinated for the most part.

See the links for more details:

<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/are-there-travel-restrictions-to-or-from-new-jersey>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

## **Domestic Travel Recommendations for Unvaccinated People**

If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:

- Before you travel:
  - Get tested with a viral test 1-3 days before your trip.
- While you are traveling:
  - Wear a mask over your nose and mouth. [Masks are required](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.

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Grades 5-8      235 32<sup>nd</sup> Street Avalon NJ, 08202

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- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- After you travel:
  - [Get tested](#) with a [viral test](#) 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
    - Even if you test negative, stay home and self-quarantine for the full 7 days.
    - If your test is positive, [isolate](#) yourself to protect others from getting infected.
  - If you don't get tested, stay home and self-quarantine for 10 days after travel.
  - Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Follow all [state and local](#) recommendations or requirements.
- Visit your [state, territorial, tribal](#) or [local](#) health department's website to look for the latest information on where to get tested.

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